# ANNEX X

## EU questionnaire and the anamnesis for annual medical check-up

**Lists of tests to carry out for annual medicals visits:**

1. Medical examination.
2. X-ray of the lungs, only if the medical doctor considers it necessary (included in laboratory visit).
3. Electrocardiogram every two years after the age of 40.

1. Laboratory tests:

* Urine analysis;
* Blood test: sedimentation rate, urea, uric acid, creatinine, glucose; gamma-GT (if high, also transaminases, ASAT and ALAT); syphilis serology (every 5 years), haemoglobin, erythrocytes with specifications, leucocytes with specifications;
* PSA for men from the age of 50 onwards;
* Test for blood in stools (from the age of 45 onwards).

1. Gynaecological screening:

* Clinical examination;
* Cytology test (PAP smear test);
* Echography of the breast and mammography from the age of 40 onwards if medically indicated

1. Special screening for men from the age of 45 onwards:

* Clinical examination;
* Rectal examination of prostate.

1. Back of the eyes/ eye pressure:

* Every year in case of hypertension and diabetics;
* Every two years from the age of 40 onwards.

1. Special examinations depending on the nature of work, e.g. ophthalmologist every two years in case of extensive use of the computer.

**Optional**

HIV antibodies (AIDS) test only after discussion with the patient and his/her accord and signature.